

The Nautical Club of Paleon Falero is organizing the Open Optimist Sailing Regatta "NCPF CUP" and the perpetual "6th N. SARIKAVAZIS TROPHY" from 14th to 16th February 2020

1. RULES AND REGULATIONS

The race will be governed by the rules and regulations as set out in the ISAF 2017-2020 Sailing (RRS) and applies to Optimist class vessels.

Rule 61.1 is added: A vessel intending to file a complaint must inform the Race Committee of the vessel against which the complaint will be filed immediately after its termination.

2. RIGHT TO PARTICIPATE - DECLARATIONS

Athletes must hold a valid National Sailing Federation card and Athlete's Health Card 2019-2020 in force (year of birth 2005 onwards).

- 2.2. The cost of participation is set at Euro 20 (€ 20). The Club will provide the sailors lunch boxes and pasta after the end of every racing day.
- 2.3. The official entries must be submitted by Monday February 10th of 2020, online at the race website http://nopftrophy.com/

In order to be valid they must include the following documents:

- Registration form for our international participants (coaches and sailors)
- Rib registration
- Third party liability insurance for the Rib and boats

The Greek participants shall also include

- Athletics Card for the Greek sailors
- Athlete Health Card 2019-2020
- Coach ID or Coach License

The payment of the entry fee will be asked on Friday the 14th at the registration office.

3. PROGRAM

- Friday 14/02 09:00 12: 00 Registration confirmation and payment
- > Friday 14/02 14:30 Races
- Saturday 15/02 11:00 Races
- Sunday 16/02 10:00 Races Awards / Closing Ceremony

Nine (9) races are scheduled. No more than four races per day. On Sunday 16 February 2020, no warning will be given after 16:00.

4. SAILING INSTRUCTIONS

Sailing instructions will be collected on Friday 14/02 at 08:30.

5. RACING AREA

The races will take place in Saronic Bay

6. ROUTE

Route details will be announced with the sailing instructions.

7. SCORING

- 7.1 The Low penalty System, Appendix A of the RRS will apply.
- 7.2 At least three races must be sailed in order for the race to be valid.
- 7.3 If four or more races will be sailed, the worst result of each sailor will be discarded

8. Penalties.

- 8.1 All the boats have to sign in and sign out on their way to the race course. If a sailor or his coach fails to follow this instruction, the boat shall be considered as DNC.
- 8.2 Every coach is obliged to keep follow the VHF at the communication channel of the race committee.
- 8.3. Towing the boats in and out of the harbor is mandatory. The coaches during the departure and arrival at the Flisvos Marina should be coordinated on channel 9.

10. Accompanying vessels

Accompanying boats must be reported to the race secretariat. Operators must be responsible for their movements, wear a quick-stop bracelet connected to the engine switch, and hold an international power boat certification valid in Greece.

11. HOSPITALITY

Participants will be hosted at the clubs premises. In order to enter the Flisvos Marina they have to inform the registration office. They need to provide the office with information such as number plate and car drivers name.

12. PRIZE GIVING

Prizes will be awarded to the top three winners of the boys, girls of the overall ranking. We will also give prizes to the best three sailors under 11-years-old (born 2009 or later) and the best team.

Sponsor's gifts will be awarded. The closing ceremony will take place on Sunday 16/02/2020 at 17:30 at the Club's premises.

13. RESPONSIBILITY

All athletes are competing under RRS-ISAF 4. The organizing group and the race committees have no responsibility whatsoever for anything that happens to individuals both on land and at sea during the race.

14. INSURANCE COVER

All competing boats and accompanying boats must have at least 540,000 euros of liability insurance provided by Greek law to third parties.

15. INFORMATION

For more information, you can contact the NOFF at the e-mail of the event info@nopf.gr as well as the Group Secretariat at 2109814835, fax 2109825657.

THE ORGANIZING COMMITTE